

PE Kit List information and FAQ's

All pupils at St Michael's will participate in two hours of PE each week. To provide the best possible provision for PE, sport and physical activity it is important that all pupils have the correct St Michael's PE kit. *Please note, any other branded sports wear, football kits, cycling shorts, Nike pro shorts, etc are not permitted for PE lessons or extra curricular activities. It is important that our pupils are wearing a standardised PE kit that is suitable, safe, fit for purpose and equal for all. If your child arrives at their lesson in the incorrect kit a suitable alternative will be provided.*

Please see below the updated PE kit list for September 2026. The majority of PE kit can be purchased from our kit supplier Star Sportswear (information below) either online or instore.

Boys (required kit)

- St Michael's black PE Top (Branded item with St Michael's Crest)
- St Michael's black PE shorts (Branded item with St Michael's Crest)
- Black football socks
- A pair of well fitting sports trainers (this should be a different pair than the shoes worn to school)
- A pair of football boots/rugby boots in a named bag.
- Medical tape to cover earrings if they cannot be removed.
- A swimming kit including a towel, swimwear, a hat and goggles

Optional

- St Michael's Tech tracksuit top (Highly recommended in cold weather, provider Star sportswear)
- St Michael's tracksuit bottoms (called 'black skinny pants' by our provider Star sportswear)

Girls (required kit)

- St Michael's black PE Top (Branded item with St Michael's Crest)
- One of the following: St Michael's black PE skort or St Michael's black shorts or St Michael's black leggings (Branded item with St Michael's Crest)
- Black football socks
- A pair of well fitting sports trainers (this should be a different pair than the shoes worn to school)
- A pair of football boots/rugby boots in a named bag.
- Medical tape to cover earrings if they cannot be removed.
- A swimming kit including a towel, swimwear, a swim hat and goggles

Optional

- St Michael's Tech tracksuit top (Highly recommended in cold weather, provider Star sportswear)
- St Michael's Tracksuit bottoms (called 'black skinny pants' by our provider Star sportswear)

Please ensure all items are clearly named with at least your child's first initial and surname so any lost kit can be reunited with them, this includes shoes. Initials can be added to PE kit by our kit

supplier Star Sportswear for additional cost. St Michael's School PE kit can be purchased from our sports kit provider Star Sportswear.

Star Sportswear
Unit 5 Yeomans Industrial Estate,
Yeomans Way,
BH8 0BJ (Behind Castlepoint)

<https://starsportswear.co.uk>

01202 522519

01202 523920

Jewellery

Any piercings that cannot be removed must be covered with tape for PE lessons. Keeping a small roll of medical tape in your child's PE bag is suggested. Please note: staff are unable to remove piercings or put earrings back in for your child. Bracelets, rings and necklaces are not permitted in school and should therefore not be worn in PE lessons.

Hygiene

No aerosols are to be used in the changing rooms therefore we ask that any deodorants brought into school are "roll on" rather than spray.

Swimming

Every child will swim for the equivalent of one school term therefore it is essential that they have the correct kit kept in a labelled drawstring bag. Swimming hats are essential for all pupils. Goggles are highly recommended to allow your child to get the most out of their swimming lessons.

School Uniform Grant

If you are in receipt of Free School Meals then you are eligible to a school uniform grant of £65 every two years. This can be used against any school uniform or PE kit bought. You simply complete the school uniform grant form, attach receipts to the value of £65 and hand it in to the school office. The '*application for school uniform grant*' form can be found on our school website under the 'about us' heading and then the pupil premium option or you can ask the school office for a copy of the form.

Kind regards,
Tom Manley

Head of PE

Frequently Asked Questions: PE & Sport

What sports and physical activities do students participate in?

St Michael's offers a highly active, varied curriculum across all year groups (Years 5 to 8). Key sports include traditional games like football, rugby, and netball, alongside specialized activities such as swimming, handball, water polo, parkour, and health & fitness.

Does the school have its own swimming pool?

St Michael's features an on-site swimming pool used for curriculum swimming lessons and extra-curricular aquatic activities. All pupils will swim in every year while at St Michael's.

What extra-curricular sports clubs are available?

The school prides itself on immense participation, with over 50% of the student body involved in extra-curricular activities. Sports clubs run during lunchtimes and after school. While options change by term, typical offerings include traditional sports as well as fitness and creative activities.

How do I book my child onto an after-school sports club?

Parents will receive an email at the beginning of each term to express an interest in which clubs they would like to attend, alongside the list of clubs available.

Please note: Many of our clubs are oversubscribed and have waiting lists. Once placements are confirmed, clubs are then set up on **Arbor** for those participating.

Does the school compete in external tournaments?

St Michael's regularly fields competitive teams in local, county, and national tournaments. Their football, rugby, and netball squads frequently progress deep into County and National Cup fixtures.

Why do I need to buy two branded PE kit items?

We have deliberately kept the number of compulsory branded PE kit items to a minimum to help reduce costs for families. In fact, our PE kit requires only two branded items, which is well below the government's recommended maximum of four compulsory branded items for secondary schools (excluding a school tie). The remaining PE kit items can be purchased from a retailer of your choice, giving families greater flexibility and value for money while ensuring students are appropriately dressed for PE lessons.