

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Seasoned Chicken Fajitas

Meatballs in a tomato sauce and rice

Cottage pie with a creamy topping And veg

Tandoori or Tikka Chicken Diced potatoes

Fish fingers with chips And peas

OPTION 2

Mexican Fajitas with Turmeric Rice

Creamy Chickpea & Coconut Curry with Rice

Quorn Sausages with Mashed Potatoes & Gravy

Veg Chilli Diced Potatoes

Smokey BBQ Quorn with Chips

OPTION 3

Pasta With Sauces

Hand Held

Chicken burger

Pizza

Panini

Chicken burger

Pizza

PUDDING

Blackberry & Apple Crumble with Custard

Melting Moment Biscuit

Fresh Fruit Platter

Carrot & Courgette Cake

Chocolate Orange Cookie

SANDWICHES BAGUETTES & ROLLS

DAILY GRAB & GO OPTION

JACKETS

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

W/B 04/11 25/11 16/12 20/01 10/02 10/03 31/03

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Cheese & Tomato
Pizza Served with
Potato Wedges

Chicken
Noodles with
prawn cracker

Farmhouse Sausages
with Mashed Potato
& Gravy

Chicken Tikka
Masala with
Rice

Fish Fingers with
Chips and peas

OPTION 2

Rainbow Pizza
Served with
Potato Wedges

Asian
Vegetable
Curry with Rice

Vegan Sausages
with Mashed
Potato & Gravy

Mild Mexican
Chilli with Rice

Cheese &
Tomato Quiche
with Chips

OPTION 3

Pasta with
Sauces

Pasta with
sauces

Pasta with
sauces

Pasta with
sauces

Pasta with sauces

Hand Held

Chicken Burger

Pizza

Panini

Chicken Burger

Pizza

PUDDING

Marble
Sponge Cake
with Custard

Jelly with
Mandarins

Fruit Medley

Peach Cake

Oaty Cookie

SANDWICHES

BAGUETTES & ROLLS

DAILY GRAB & GO OPTION

JACKETS

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W/B 11/11 02/12 06/01 27/01 24/02 17/03

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Mac & cheese
Garlic Balls
bacon bits

Spaghetti
Bolognaise

Roast Of The Day,
Roast Potatoes &
Seasonal Vegetables

Chicken Balti
And Rice

Breaded Fish Fillet
with Chips & peas

OPTION 2

Mac & Cheese
Garlic Balls

Hot Pot Bean
Casserole

Vegan
Cottage Pie
with Gravy

Veggy Madras
And Rice

Vegetable
Omelette with
Chips

OPTION 3

Pasta with
sauces

Hand Held

Chicken Burger

Pizza

Panini

Chicken Burger

Pizza

PUDDING

Chocolate &
Beetroot Brownie

Sticky Toffee
Apple Crumble
& Custard

Fresh Fruit
Salad

Savoury
Cheese Scone

Vanilla
Shortbread

SANDWICHES BAGUETTES & ROLLS

DAILY GRAB & GO OPTION

JACKETS

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W/B 18/11 09/12 13/01 03/02 03/03 24/03