# **Collective Worship**

**This week's theme:** What impact do I have on our world? Give or take?

#### The Bible tells us:

"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

-Ephesians 4:32

## Inspirational quote:

We are commanded to love our neighbor, yet we often overlook opportunities to relieve others' pain.

Empathy is the key that can unlock the door to our kindness and compassion.

### Thought for the week

When we see people struggling, do we stop and help, or do we just keep focused on our busy lives and all the things that we are trying to achieve? This week, let's especially look out for those who need the hand of empathy and compassion - the hand of kindness. What small acts of kindness can we do this week to show empathy and compassion?

#### This week

What a week! This week we have been thinking about the impact we can have on the world through showing empathy and compassion.

Mrs Thompson-Brown led whole school collective worship on Tuesday and spoke to us about what empathy and compassion actually are. Some of the Collective Worship Ambassadors performed some drama sketches to demonstrate empathy in action. We then heard about the empathy that people showed Mrs Thompson-Brown when she was unwell last year: she told us how words of kindness, support and encouragement carried her through the toughest times. She told us about how her family felt a bit helpless but how her daughter donated her hair to the Little Princess Trust (who make wigs for children who have lost their hair) and raised lots of money for charity. She also told us about her nephew who decided he wanted to shave his head through empathy for what his auntie was going through. The school was truly full of empathy whilst listening!

We considered our impact on the world through the smarties analogy from last week: are we going to take the smartie, take the smartie and give it to someone else, or are we going to leave the smartie and be part of something bigger to have a bigger impact?

On Thursday, representatives from the charity Diverse Abilities (a charity that supports young people and adults who have disabilities) came to speak to us about the importance of accepting people for who they are and how we must not judge people based on the differences that they might have to us. They spoke to us about how to interact with someone who has a disability - to make them feel included and not invisible. We heard about how the charity endeavours to give the people who they work with rich experiences despite the fact this isn't always easy.

Class collective worship focused on the acts of kindness that arise from showing empathy and compassion. We have considered how we can show empathy and compassion to others and the positive impact we can have when we do so. On St. David's Day, we reflected on the words of St. David: 'Be joyful. Keep the faith. Do the little things.'

We are all uniquely made in God's image...and we deserve the best from each other. Let's be <u>aspirational</u> in the way that we support each other...through showing <u>empathy</u> and <u>compassion</u>. Let's have the <u>belief</u> that we can make a difference to the world...through showing <u>empathy</u> and <u>compassion</u>. Let's be <u>creative</u> in the way in which we are going to show <u>empathy</u> and <u>compassion</u>.