



St Michael's CE Middle School
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Headteacher: Mr D Ayling BSc Ed(Hons)
Deputy Headteacher: Paul Andrews BSc (Hons)

12th September 2023

Dear Parents / Carers,

I hope your child has settled well into Year 7. I just wanted to inform you that this half term, within PSHE Education curriculum lessons, Year 7 are learning about Relationships and Sex Education. These lessons are very much geared towards Year 7, to ensure that every child is being provided with the appropriate knowledge and understanding required. It is the aim of the Government and the Local Authority to ensure that children are well versed with this area of their education. It is felt, through evidence, that those children who have a greater understanding can make positive choices in the future.

The RSE programme has been developed through collaboration across the Initio Academy Trust, using guidance from the National Curriculum, Ofsted and the PSHCE Association. All teaching materials are appropriate to the age and emotional maturity of the pupils and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

The purpose of Relationship and Sex Education (RSE) in Key Stage 3 is to develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage. Please find below a brief outline of the lesson content.

Year 7: Building Relationships

This unit will cover the themes of how to develop self-worth and self-efficacy, qualities and behaviours relating to different types of positive relationships (including recognising unhealthy relationships), how to recognise and challenge media stereotypes, evaluating expectations for romantic relationships with a focus on understanding the issue of consent.

You are most welcome to contact me (rwarren@stmichaelsmiddle.org) to discuss the programme or to view any of the teaching materials used.

Parents can withdraw their child from all or part of the RSE programme that does not form part of the statutory National Curriculum. If you wish to withdraw your child, please contact your child's form teacher. For further information, please read the RSE policy found on the school website.

Yours sincerely

Mrs R Warren
PSHE Lead, St Michael's Middle School

