

Coverage of KS2 and KS3 RSE Learning Objectives.

Year 5 Friendships - Autumn 1 and Relationships & puberty - Summer 1	Year 6 Respect - Autumn 1 and Relationships - Summer 1	Year 7 Building Relationships - Autumn 1 and Health & Puberty - Summer 1	Year 8 Gender and Identity-Summer 1
I can recognise when a friendship is unhealthy.	I can identify what constitutes a positive, healthy relationship.	I can explain how to develop self-worth and self-efficacy.	I can recognise that there are multiple gender identities and sexual orientations.
I can recognise the roles that people take in different groups change eg. leader, follower.	I can justify why mutual respect is important in relationships and know practical steps to establish this.	I can explain the qualities and behaviours related to positive relationships.	I can explain how FGM is in contradiction with human rights.
I can suggest how to use negotiation to resolve disputes and conflict.	I can recognise times when it is appropriate and necessary to break a confidence.	I can recognise and challenge media stereotypes.	I can explain how forced marriage is in contradiction with human rights.
I can use the correct terminology to label male and female reproductive body parts.	I can recognise how self-respect links to happiness.	I can evaluate expectations for romantic relationships,	I can explain the risks of 'sexting' and how to manage requests or pressure to send an image.
I can explain what happens during the menstrual cycle.	I can recognise the link between changes at puberty, sexual intercourse and the start of a baby.	I can explain what consent is and how to seek and assertively communicate it.	How to recognise, respond to and seek help for grooming in different forms.

Year 5 Friendships - Autumn 1 and Relationships & puberty - Summer 1 cont...	Year 6 Respect - Autumn 1 and Relationships - Summer 1 cont...	Year 7 Building Relationships - Autumn 1 and Health & Puberty - Summer 1 cont...	Year 8 Gender and Identity-Summer 1 cont...
I can explain what happens during a wet dream. (Boys only)	I can identify the emotional and financial support a baby needs from an adult to meet its basic needs.	How to manage physical and emotional changes during puberty	I can explain the basic forms of contraception.
I can explain the emotional changes which take place during puberty.	I can recognise that marriage, arranged marriage and civil partnerships are between two people who willingly agree.	The importance of period positivity (to combat period shaming).	
I can explain why certain parts of the body need to be kept clean during puberty.			
I can describe the different types of relationships using the correct terminology.			
I can determine what is needed for a marriage or civil partnership.			

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