

# Reflection

Reflection is a time of calm thought and consideration. It is a time when you are able to think about the things we have talked about in Collective Worship and relate these to how you live your life.



# Theme: Our gifts

How would you have felt listening to Peter?

Reflection: How open are we to new experiences?

What can you do this week to experience something new?

What or who could we pray for this week?  
Write your prayers on a post-it note.

*As each has  
**RECEIVED  
A GIFT,**  
use it to serve  
**ONE ANOTHER.***  
1 Peter 4:7

Write your  
ideas on a  
post-it  
note

Pentecost - The Holy Spirit came and gave people special gifts. Peter was speaking to the people and said: "Jesus from Nazareth was a very special man. God clearly showed this to you by the miracles, wonders, and signs God did through him. You all know this, because it happened right here among you. 23 Jesus was given to you, and you killed him." The people wanted to know what they could do to change. 38 Peter said to them, "Change your hearts and lives and be baptized, each one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. 39 This promise is for you. It is also for your children and for all who are far away. It is for everyone the Lord our God calls to himself."



# Theme: Fruits of the Spirit

How does this bible passage make you feel?

Can you draw an image to represent one of the fruits of the spirit?

What or who could we pray for this week?  
Write your prayers on a post-it note.

Reflection: Which of the fruits of the spirit do we see in ourselves?

Which do we recognise in others?

## FRUIT OF THE SPIRIT

love,  
joy,  
peace,  
patience,  
kindness,  
goodness,  
faithfulness,  
gentleness,  
and self-control



Galatians 5:22-23

Write  
your ideas  
on a post-  
it note

<sup>22</sup> But the Spirit gives love, joy, peace, patience, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control. There is no law that says these things are wrong. <sup>24</sup> Those who belong to Christ Jesus have crucified their own sinful selves. They have given up their old selfish feelings and the evil things they wanted to do. <sup>25</sup> We get our new life from the Spirit. So we should follow the Spirit. <sup>26</sup> We must not be proud. We must not make trouble with each other. And we must not be jealous of each other.



# Theme: Joy



Reflection: What brings you joy and makes you happy?

How can you help others feel joy?

What or who could we pray for this week? Write your prayers on a post-it note.



## Philippians 4:4-7

<sup>4</sup> Be full of joy in the Lord always. I will say again, be full of joy.

<sup>5</sup> Let all men see that you are gentle and kind. The Lord is coming soon. <sup>6</sup> Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. <sup>7</sup> And God's peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it.



# Theme: Patience

Reflection: How can we be more patient?



How can we show love through patience?

What or who could we pray for this week? Write your prayers on a post-it note.



Write your  
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post-it  
note



## Galatians 6:9

<sup>9</sup> We must not become tired of doing good. We will receive our harvest of eternal life at the right time. We must not give up!



# Theme: Kindness



Reflection: How can we look out for/ look after people we don't even know?

How can you show kindness to the people around you?

When is it difficult to show kindness? What could help us with this?

What or who could we pray for this week?  
Write your prayers on a post-it note.



Write your ideas on a post-it note

Who can remember the story of the Good Samaritan?

**Luke 10:25-37**

<sup>36</sup> Then Jesus said, “Which one of these three men do you think was a neighbour to the man who was attacked by the robbers?”

<sup>37</sup> The teacher of the law answered, “The one who helped him.”

Jesus said to him, “Then go and do the same thing he did!”



# Theme: Faithfulness



## Reflection: What is a faithful friend?

What do faithful friends mean to you?

What or who could we pray for this week?

Write your prayers on a post-it note.



Write your  
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note

# Psalm 117

## A Hymn of Praise

117 All you nations, praise the Lord.

All you people, praise him.

<sup>2</sup> The Lord loves us very much.

His truth is everlasting.

Praise the Lord!



# Theme: Self control



Reflection: What can help us have more self-control?

How can we help each other have more self-control?

What or who could we pray for this week?  
Write your prayers on a post-it note.



Write your ideas on a post-it note

## Romans 7:16-19

<sup>16</sup> And if I do not want to do the bad things I do, then that means that I agree that the law is good. <sup>17</sup> But I am not really the one who is doing these bad things. It is sin living in me that does these things. <sup>18</sup> Yes, I know that nothing good lives in me—I mean nothing good lives in the part of me that is earthly and sinful. I want to do the things that are good. But I do not do them. <sup>19</sup> I do not do the good things that I want to do. I do the bad things that I do not want to do.



# Theme: Rest and enjoyment

Enjoyment is an incredible energizer to the human spirit.  
John C. Maxwell

Reflection: How do you plan to rest over the summer?

How do you plan to have fun?

How can we help each other have fun?

What or who could we pray for this week?

Write your prayers on a post-it note.



Write your ideas on a post-it note



## Psalm 34:8

<sup>8</sup> Examine and see how good the Lord is.

Happy is the person who trusts the Lord.