

Dear Parents and Carers,

Preparations are under way for the new academic year therefore I thought this would be a good time to update you on our PE kit list and expectations surrounding uniform. To provide the best possible provision for PE, sport and physical activity it is important that all pupils have the correct St Michael's PE kit. *Please note, any other branded sports wear, football kits, cycling shorts, Nike pro shorts, etc are not permitted for PE lessons or extra curricular activities. It is important that our pupils are wearing a standardised PE kit that is suitable, safe, fit for purpose and equal for all. If your child arrives at their lesson in the incorrect kit a suitable alternative will be provided.*

Please see below the updated PE kit list for September 2023. The majority of PE kit can be purchased from our kit supplier Star Sportswear (information below) either online or instore.

### **Boys (required kit)**

- St Michael's black PE Top
- St Michael's black PE shorts or plain unbranded black shorts (loose fitting)
- St Michael's rugby top
- St Michael's black socks or plain unbranded black socks
- A pair of well fitting trainers
- A pair of football boots/rugby boots in a named bag.
- Medical tape to cover earrings if they cannot be removed.
- A swimming kit including a towel, swimwear, a hat and goggles

### **Optional**

- St Michael's Tech tracksuit top (advised for cold weather)
- St Michael's tracksuit bottoms (called 'black skinny pants' by our provider Star sportswear)

### **Girls (required kit)**

- St Michael's black PE Top
- St Michael's black PE skort or St Michael's black shorts or plain unbranded black shorts (loose fitting)
- St Michael's black leggings or plain unbranded black leggings
- St Michael's black socks or plain unbranded black socks
- A pair of well fitting trainers (no laces if your child isn't able to tie them please)
- A pair of football boots/rugby boots in a named bag.
- Medical tape to cover earrings if they cannot be removed.
- A swimming kit including a towel, swimwear, a hat and goggles

### **Optional**

- St Michael's Tech tracksuit top (advised for cold weather)
- St Michael's Tracksuit bottoms (called 'black skinny pants' by our provider Star sportswear)
- St Michael's rugby top

Please ensure all items are clearly named with at least your child's first initial and surname so any lost kit can be reunited with them, this includes shoes. Initials can added to PE kit by our kit supplier Star Sportswear for additional cost. St Michael's School PE kit can be purchased from our sports kit provider Star Sportswear.

**Star Sportswear**  
**Unit 5 Yeomans Industrial Estate,**  
**Yeomans Way,**  
**BH8 0BJ (Behind Castlepoint)**

**<https://starsportswear.co.uk>**

**01202 522519**

**01202 523920**

### **Jewellery**

Any piercings that cannot be removed must be covered with tape for PE lessons. Keeping a small roll of medical tape in your child's PE bag is suggested. Please note: staff are unable to remove piercings or put earrings back in for your child. Bracelets, rings and necklaces are not permitted in school and should therefore not be worn in PE lessons.

### **Hygiene**

No aerosols are to be used in the changing rooms therefore we ask that any deodorants brought into school are "roll on" rather than spray.

### **Swimming**

Every child will swim for the equivalent of one school term therefore it is essential that they have the correct kit kept in a labelled drawstring bag. Swimming hats can be purchased for £2 via parentmail or you can provide your child with a silicone hat of your choosing. Goggles are highly recommended to allow your child to get the most out of their swimming lessons.

### **School Uniform Grant**

If you are in receipt of Free School Meals then you are eligible to a school uniform grant of £65 every two years. This can be used against any school uniform or PE kit bought. You simply complete the school uniform grant form, attach receipts to the value of £65 and hand it in to the school office. The '*application for school uniform grant*' form can be found on our school website under the 'about us' heading and then the pupil premium option or you can ask the school office for a copy of the form.

### **Swap shop**

We run a swap shop at St Michael's therefore if you have any reusable PE kit that no longer fits your child, it can be exchanged for a different size. To enquire about this, please contact Lisa Bartlett in the school office.

Kind regards,

Tom Manley

Head of PE